

ENGLISH

Unit 13: Food Vocabulary



English for Beginners with

THE INSPIRE ACADEMY



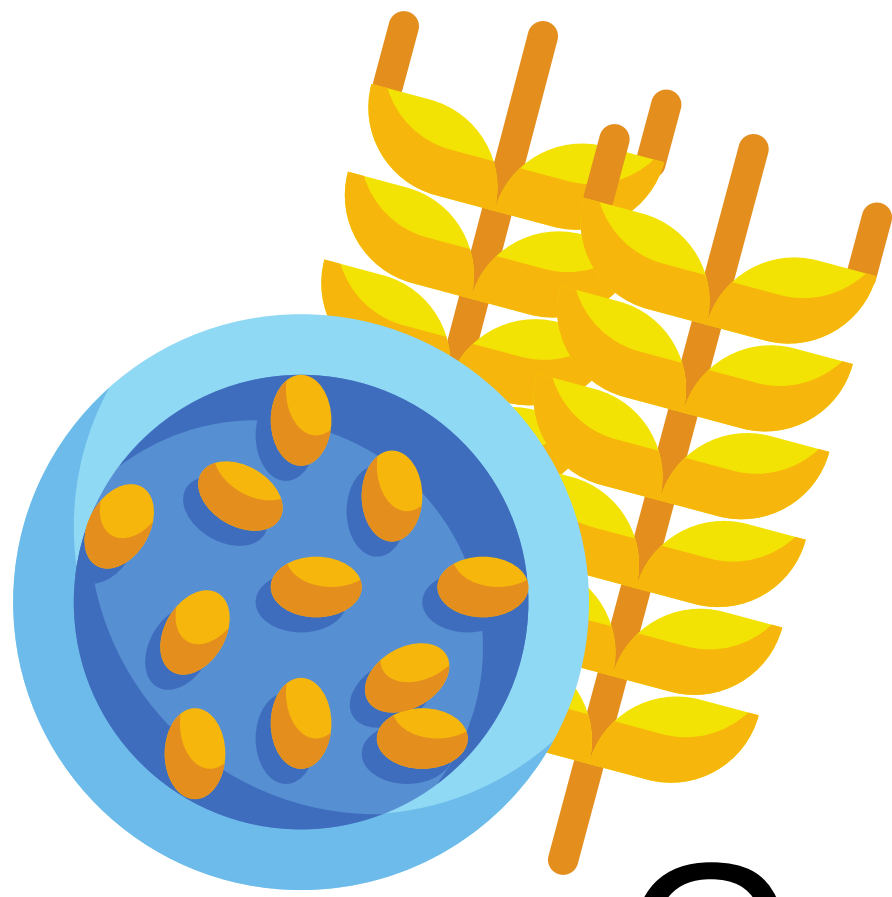
The 5 Types of Food



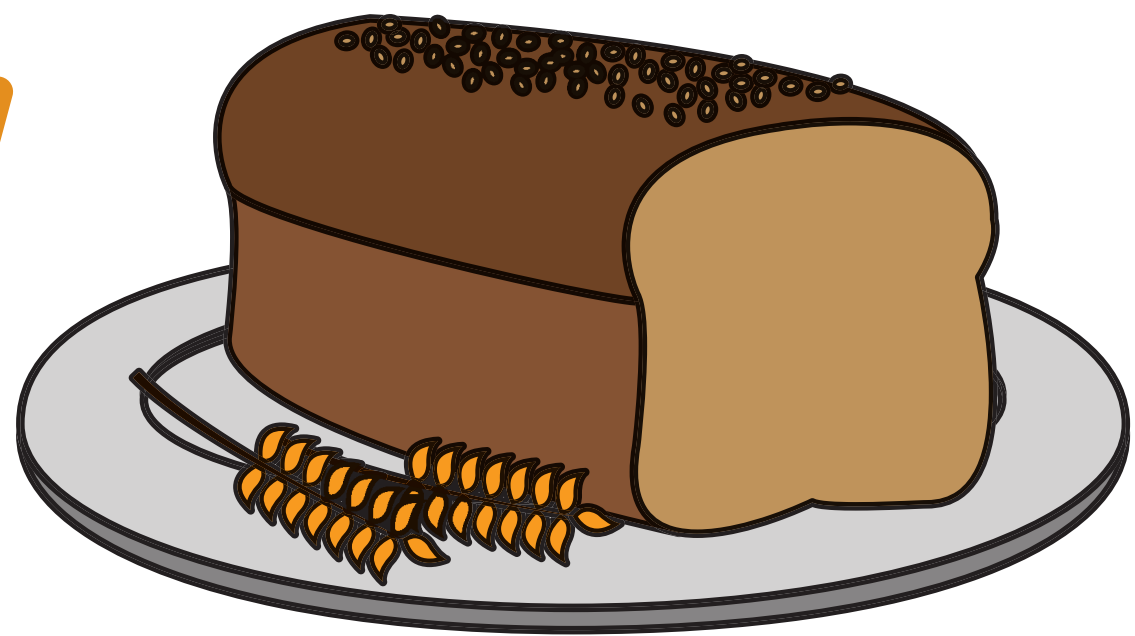
Fruits



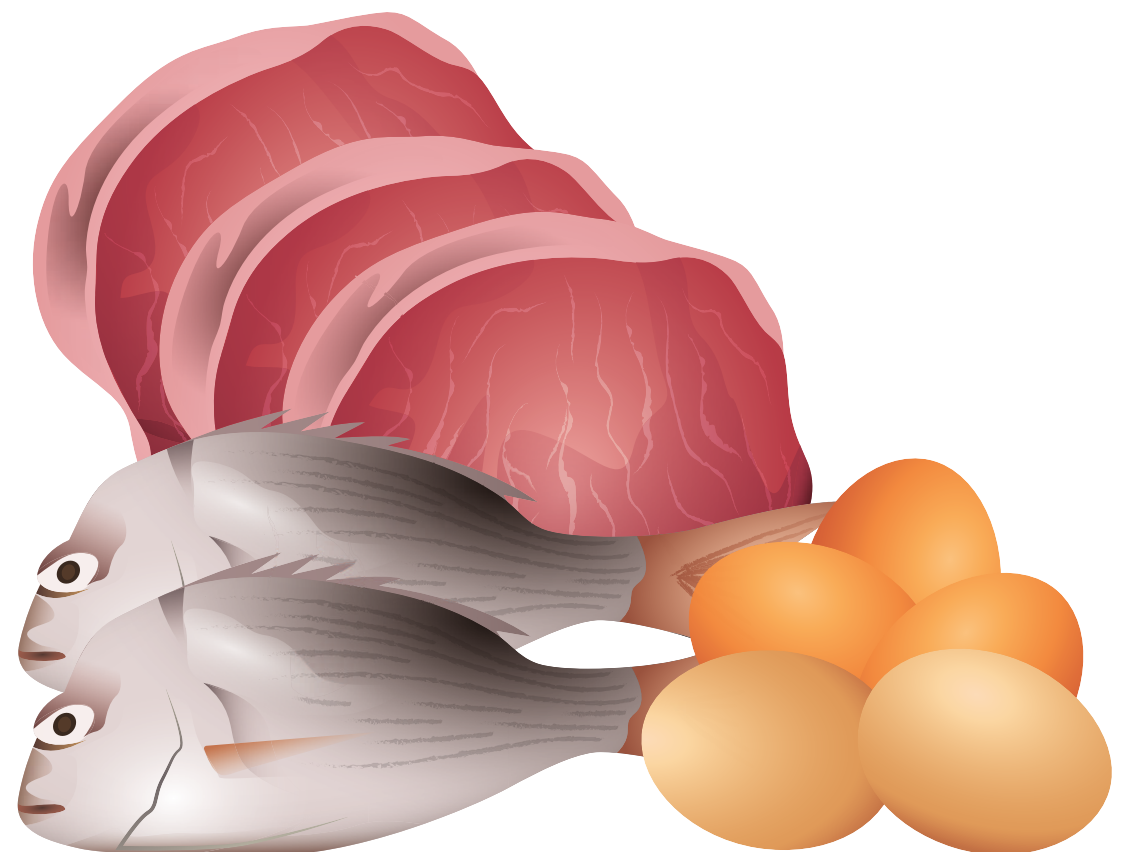
Vegetables



Grains

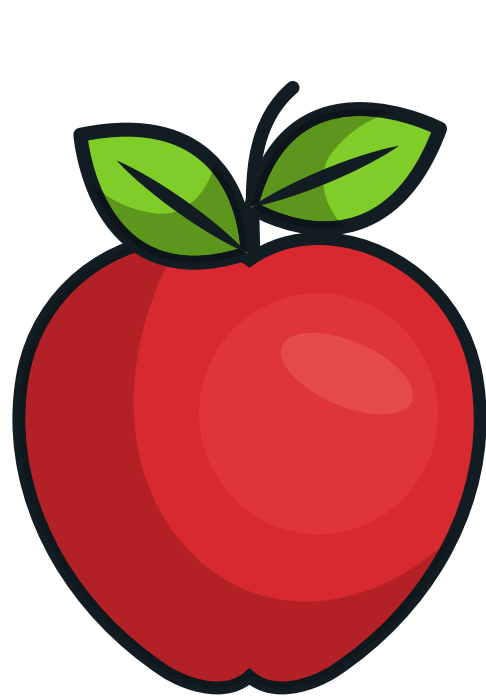


Dairy

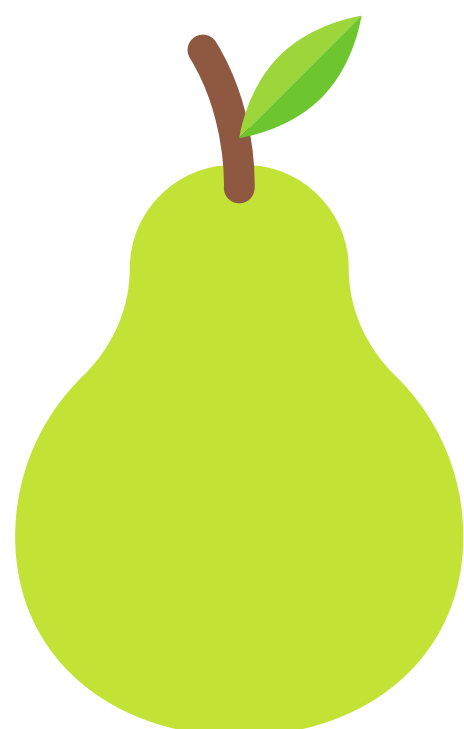


Protein

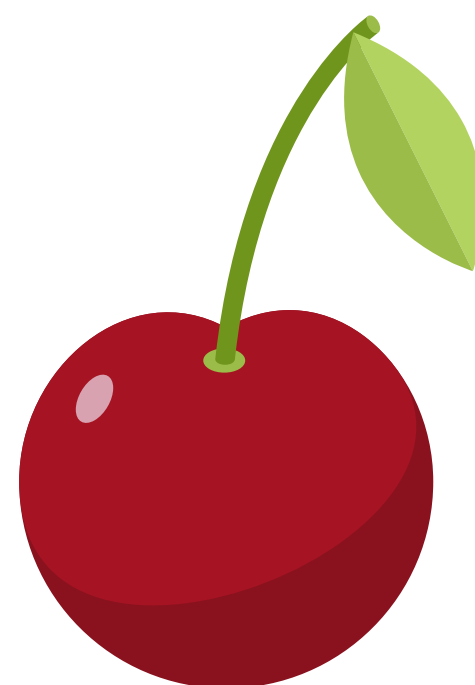
Fruits



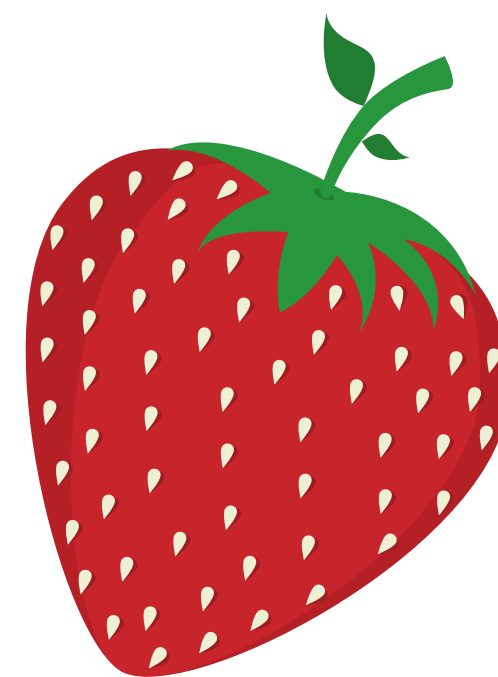
Apple



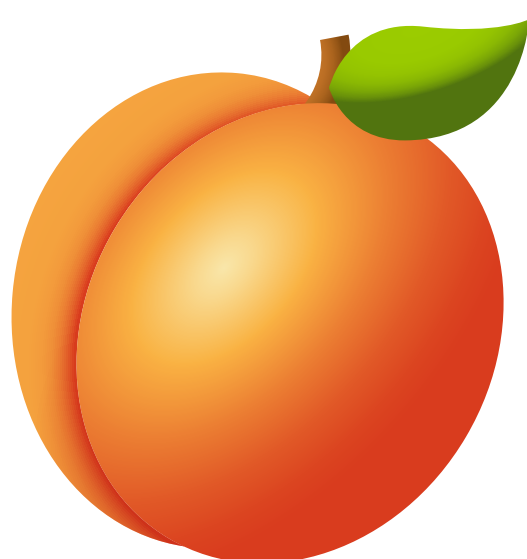
Pear



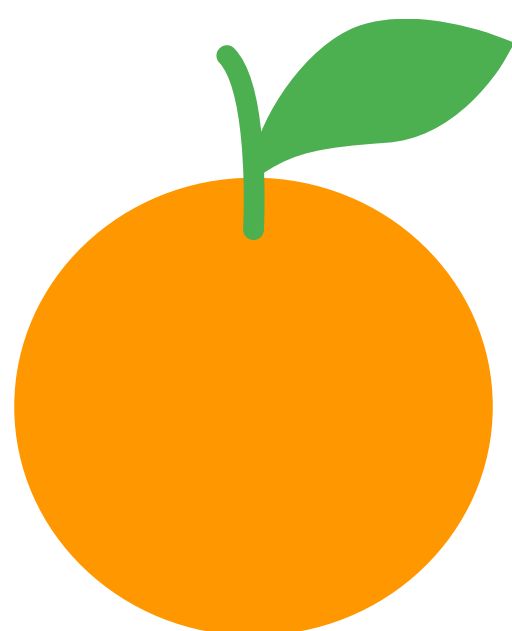
Cherry



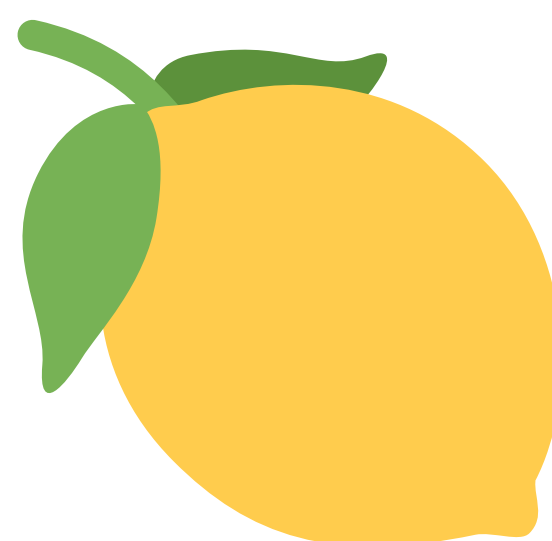
Strawberry



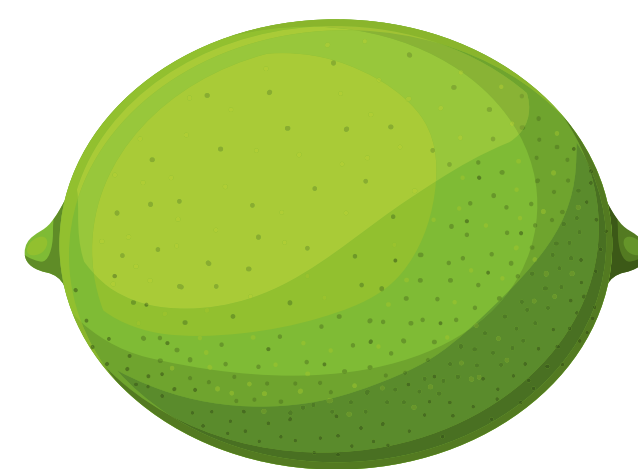
Peach



Orange



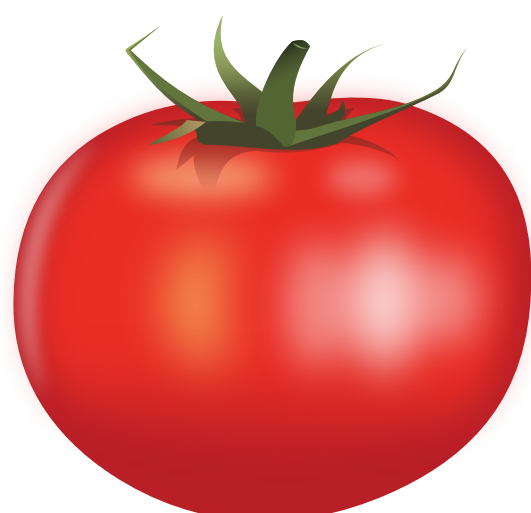
Lemon



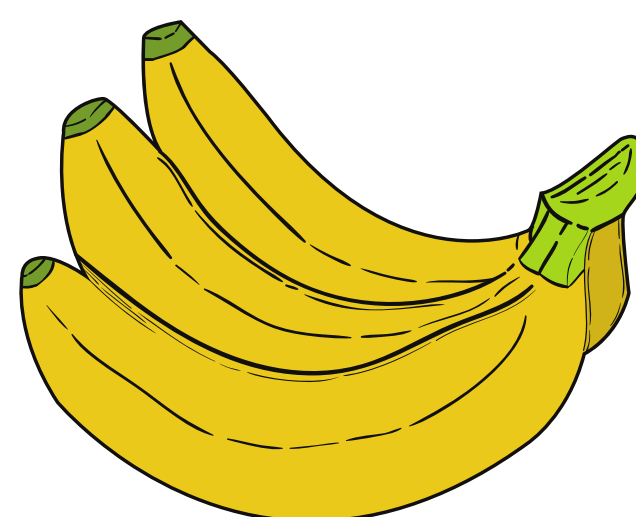
Lime



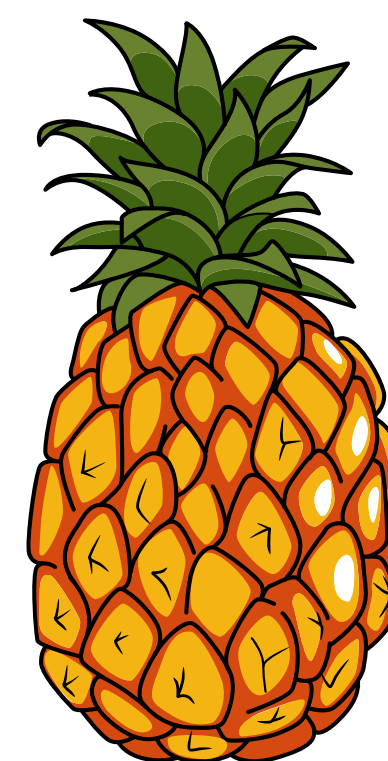
Mango



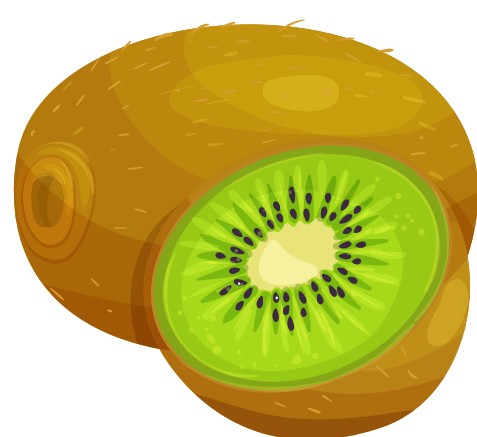
Tomato



Banana



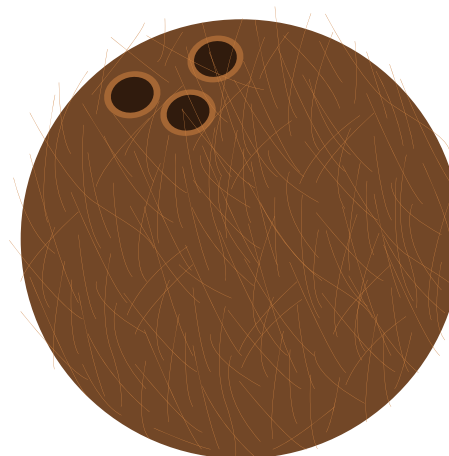
Pineapple



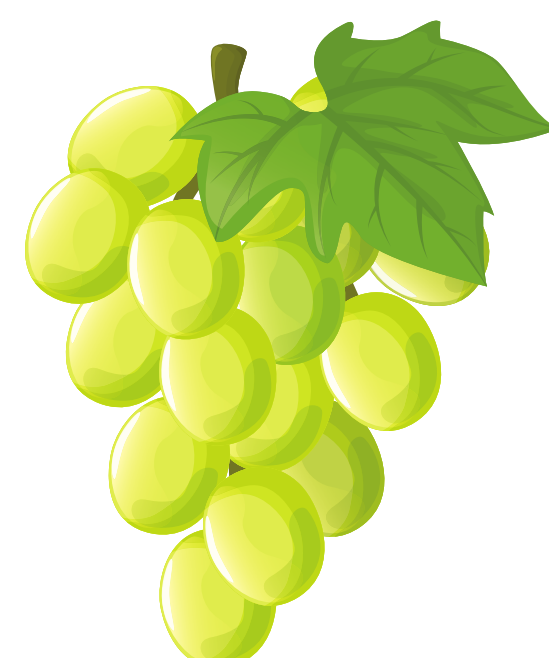
Kiwi



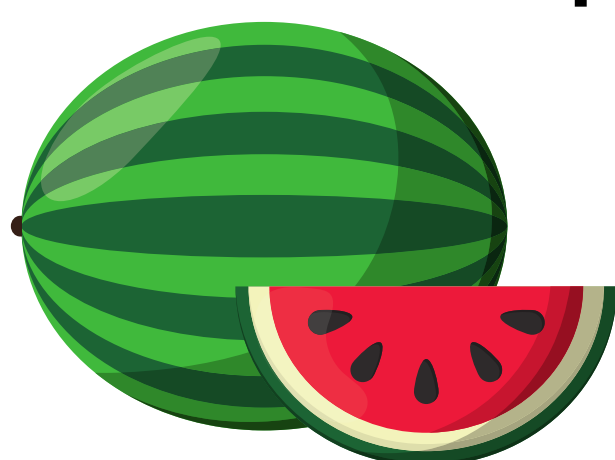
Pomegranate



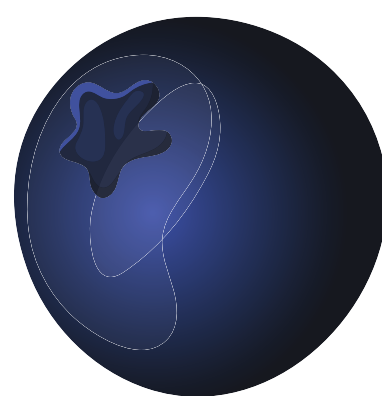
Coconut



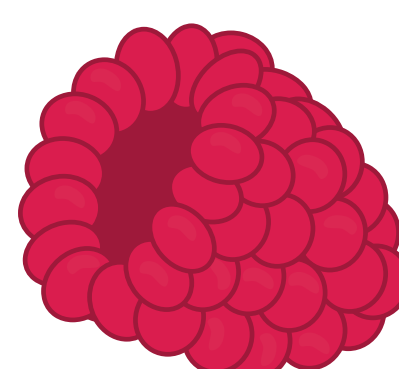
Grapes



Watermelon



Blueberry



Raspberry

Vegetables



Lettuce



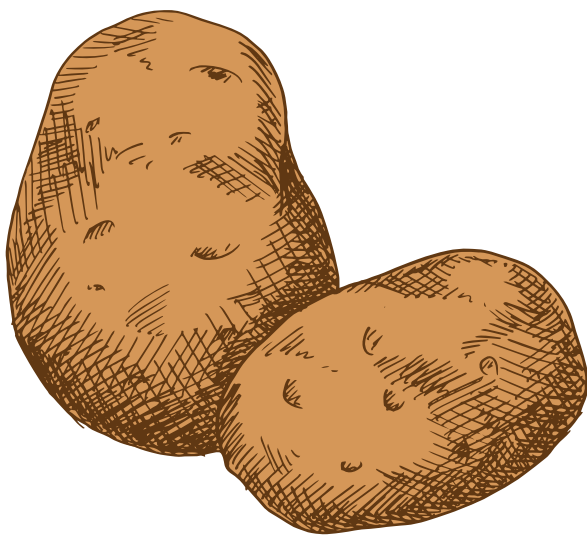
Garlic



Asparagus



Celery



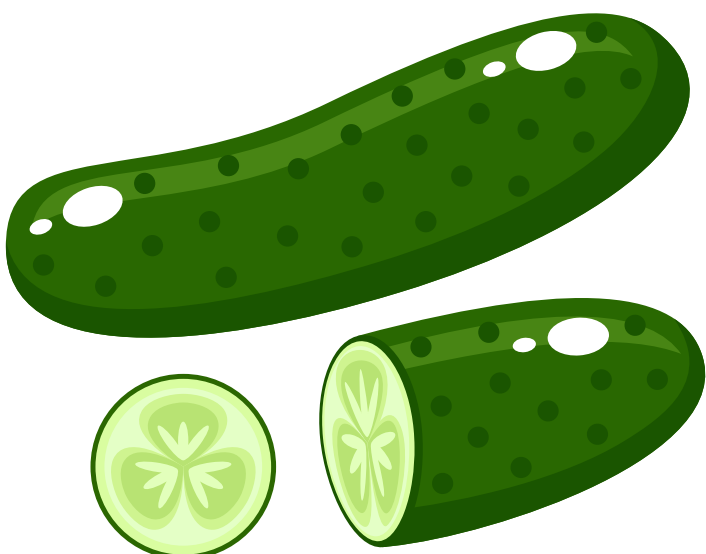
Potato



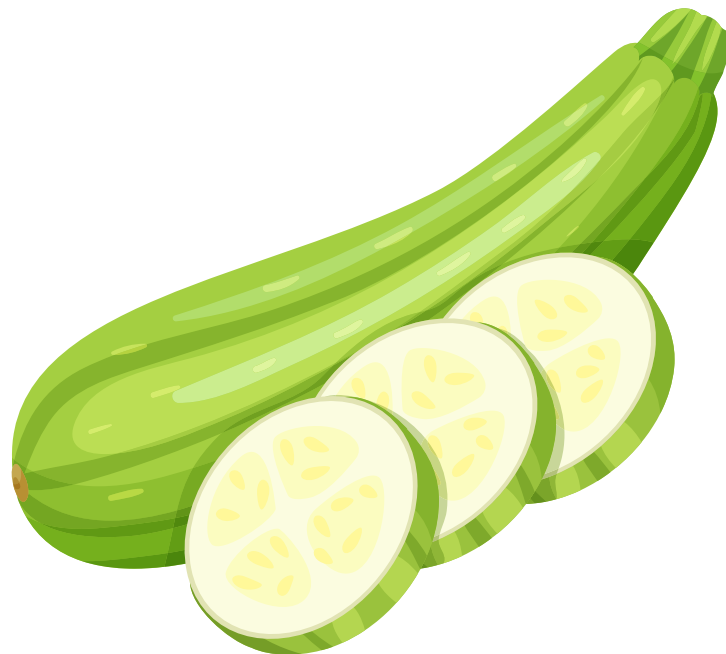
Sweet Potato



Pumpkin



Cucumber



Zucchini



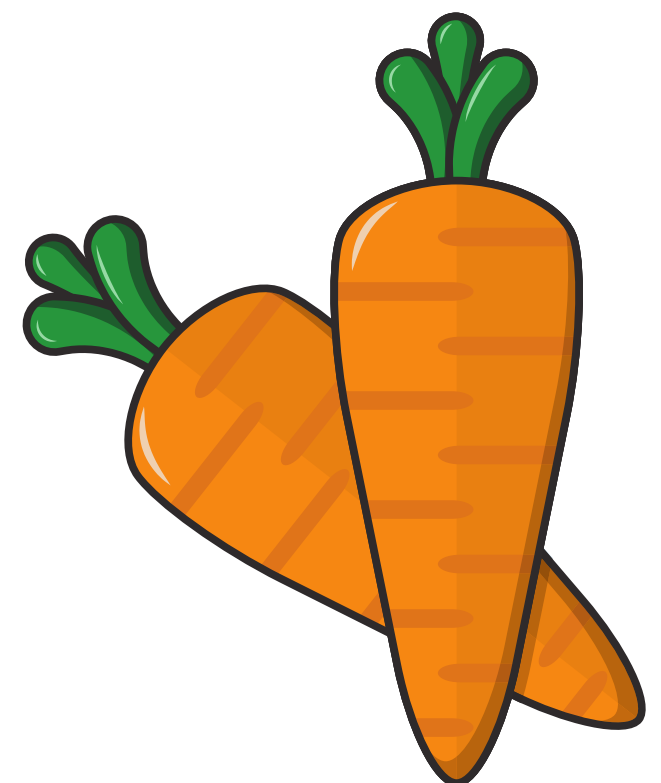
Cauliflower



Broccoli

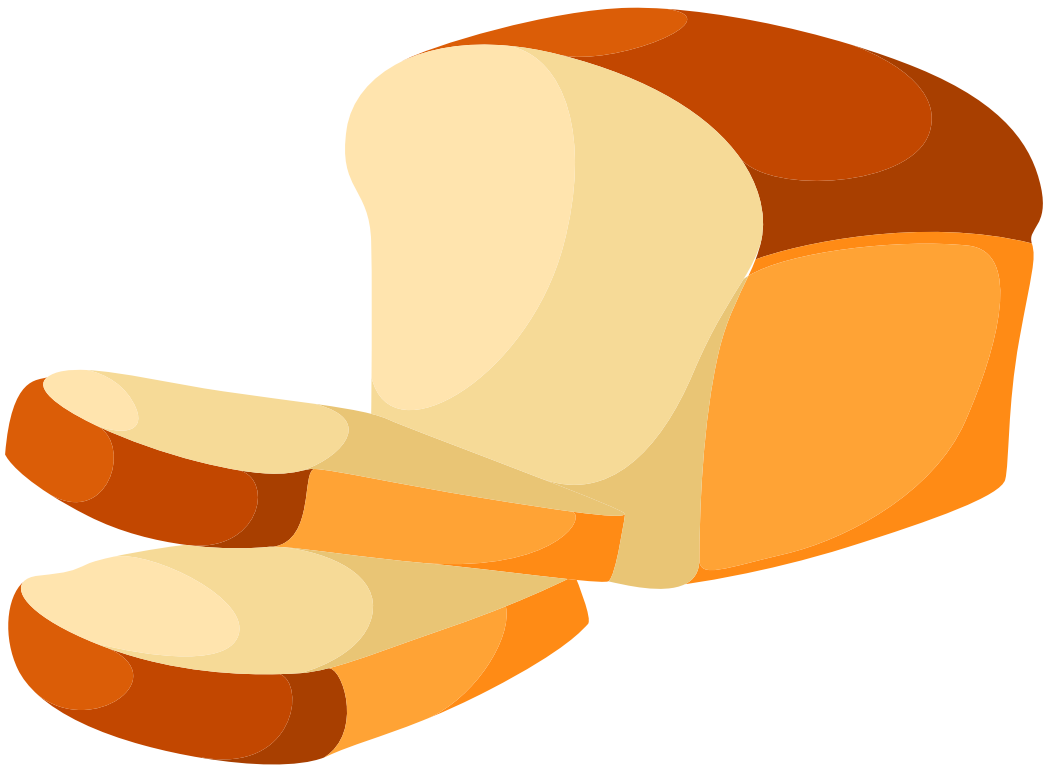


Onion



Carrot

Grains



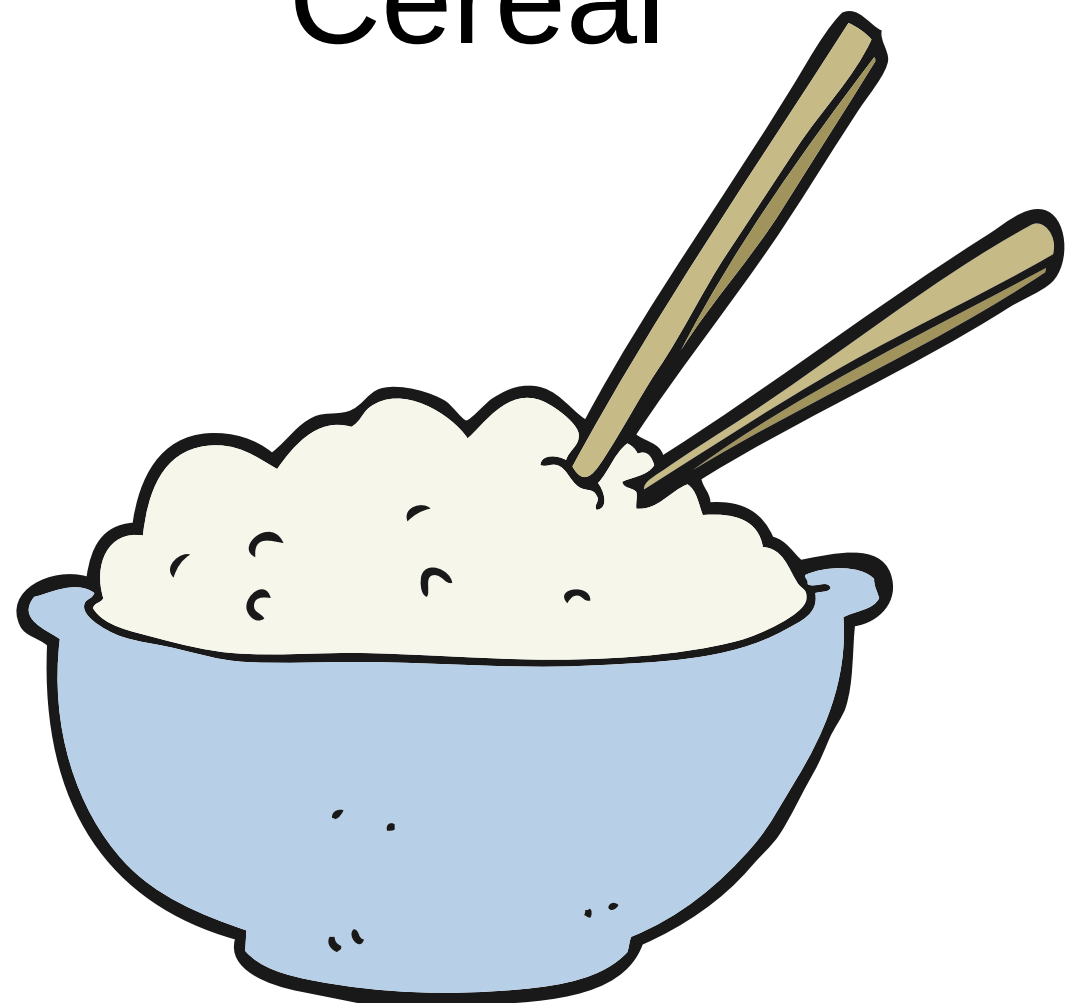
Bread



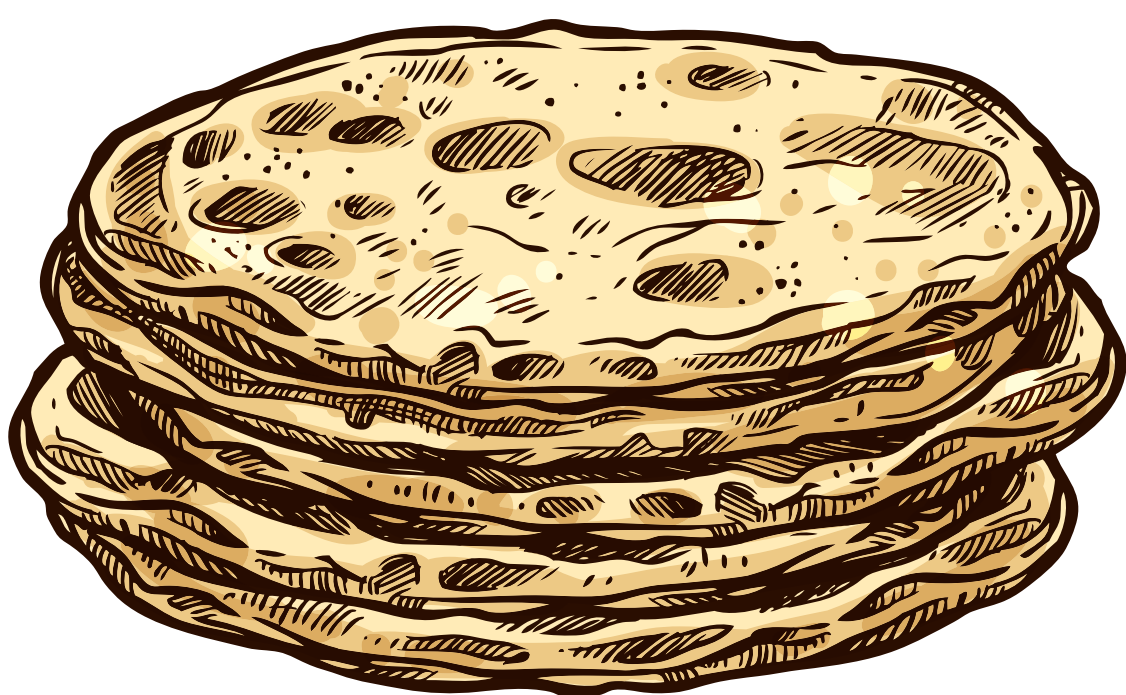
Cereal



Pasta



Rice

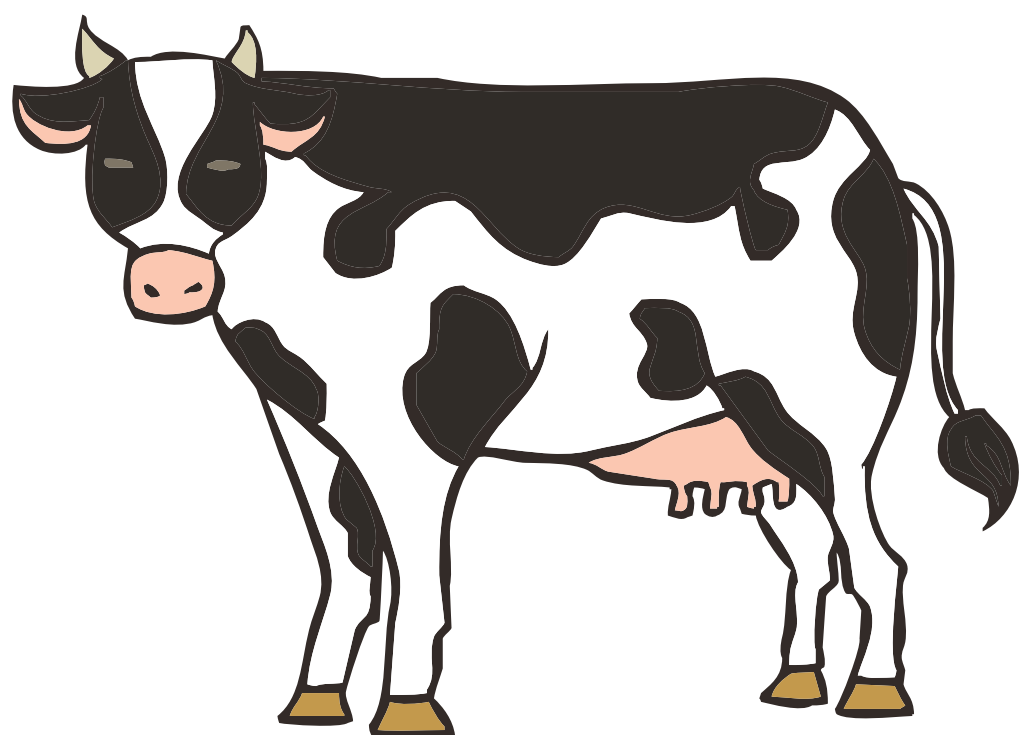


Tortilla

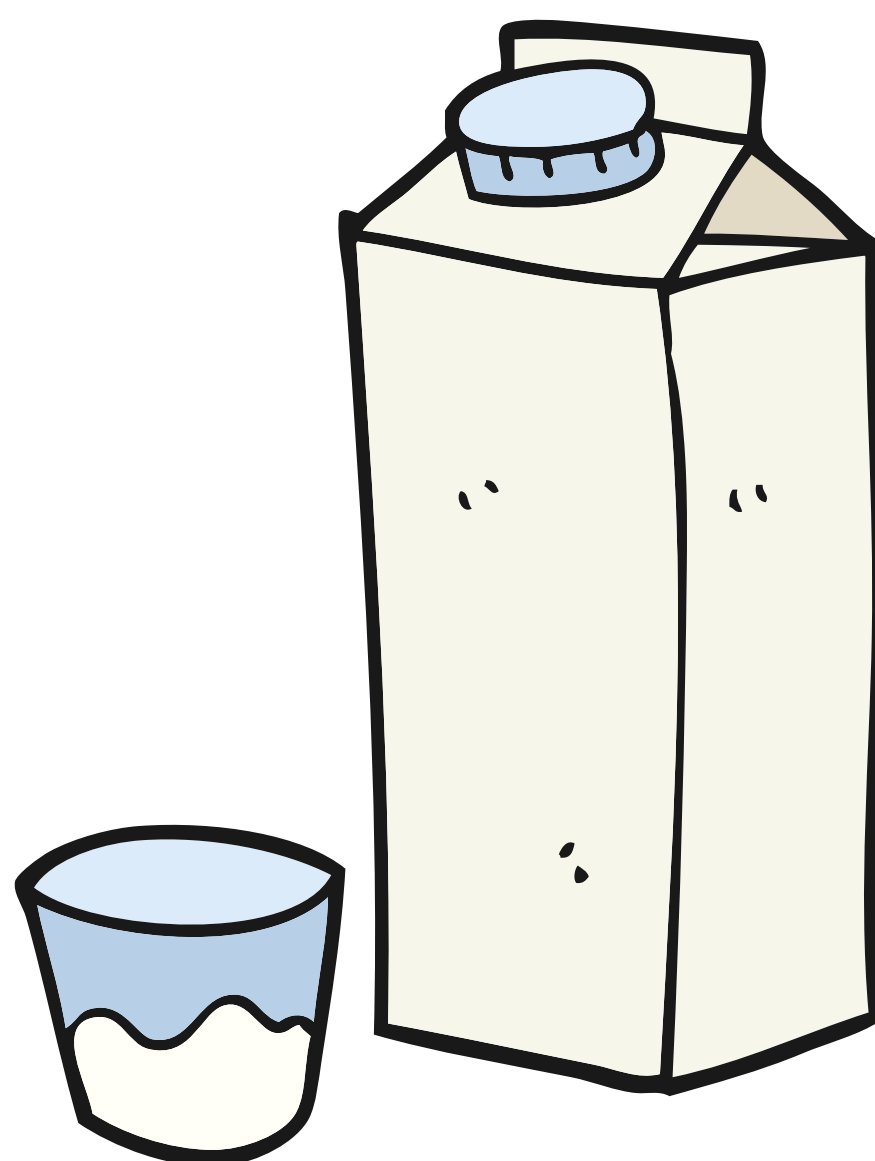


Oats

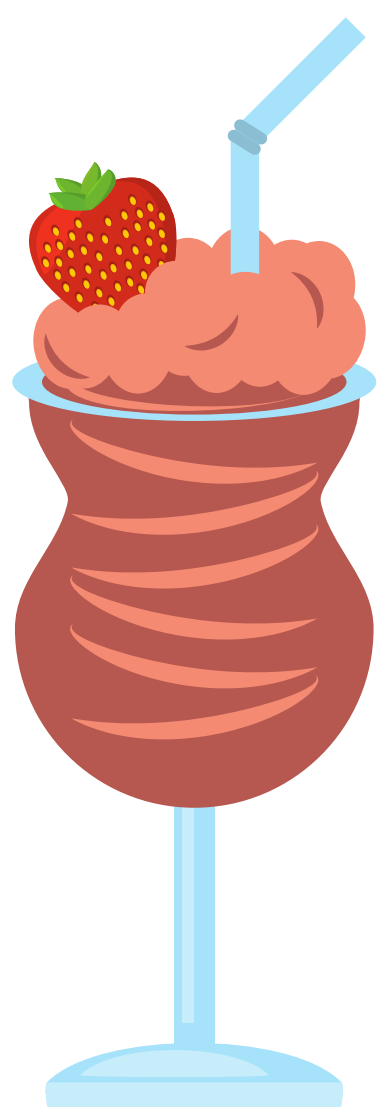
Dairy



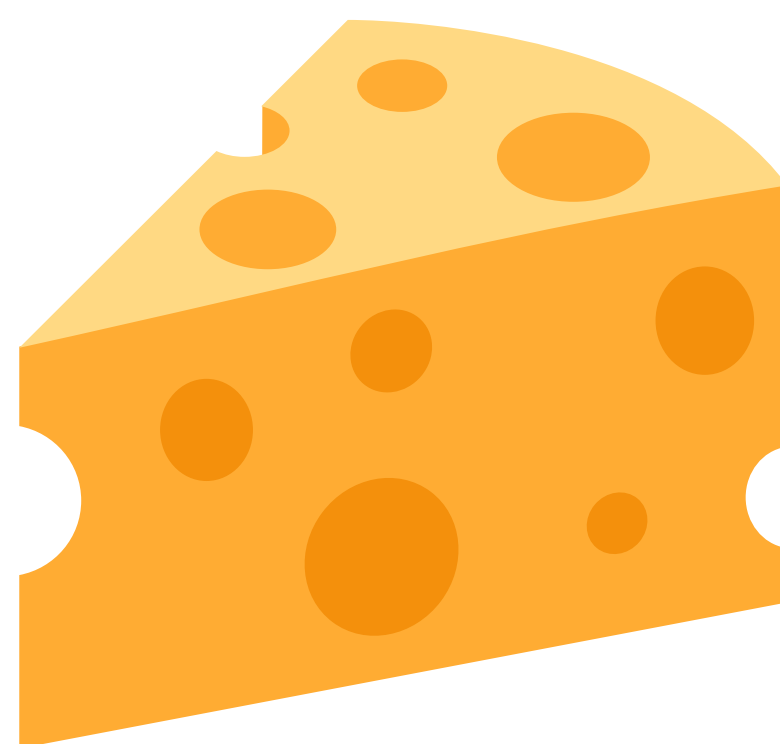
Cow



Milk



Milk Shake



Cheese

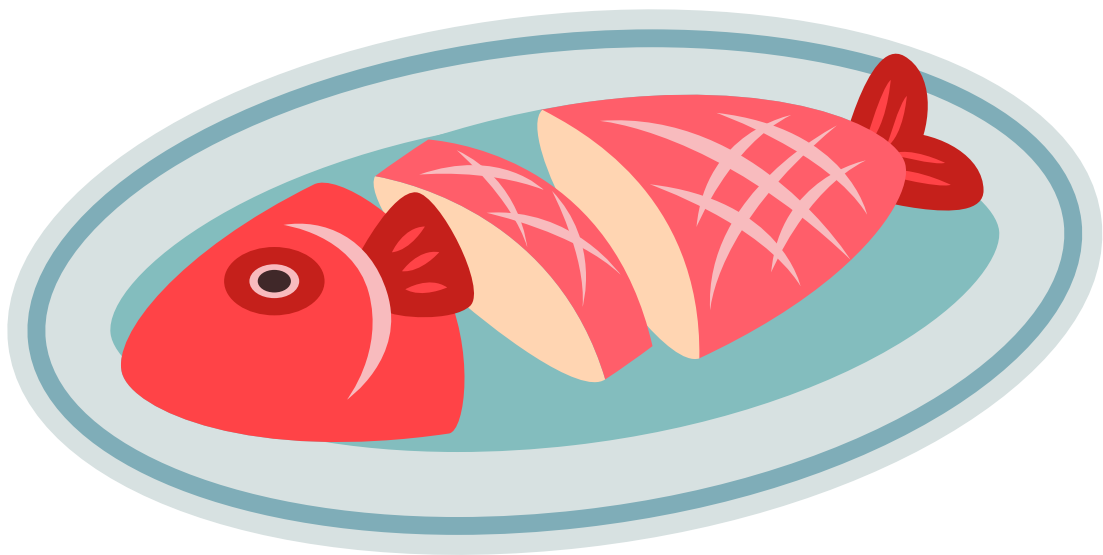


Yoghurt

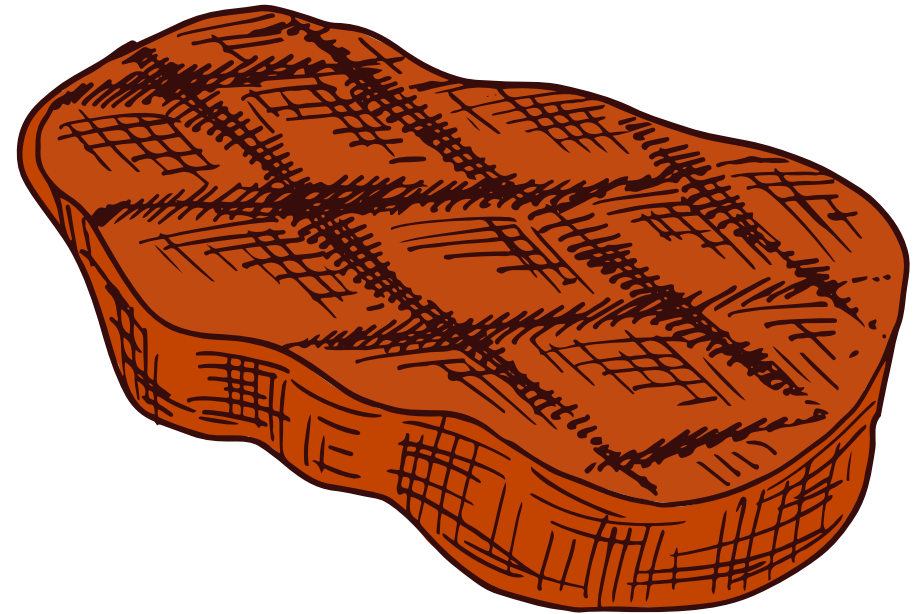


Ice Cream

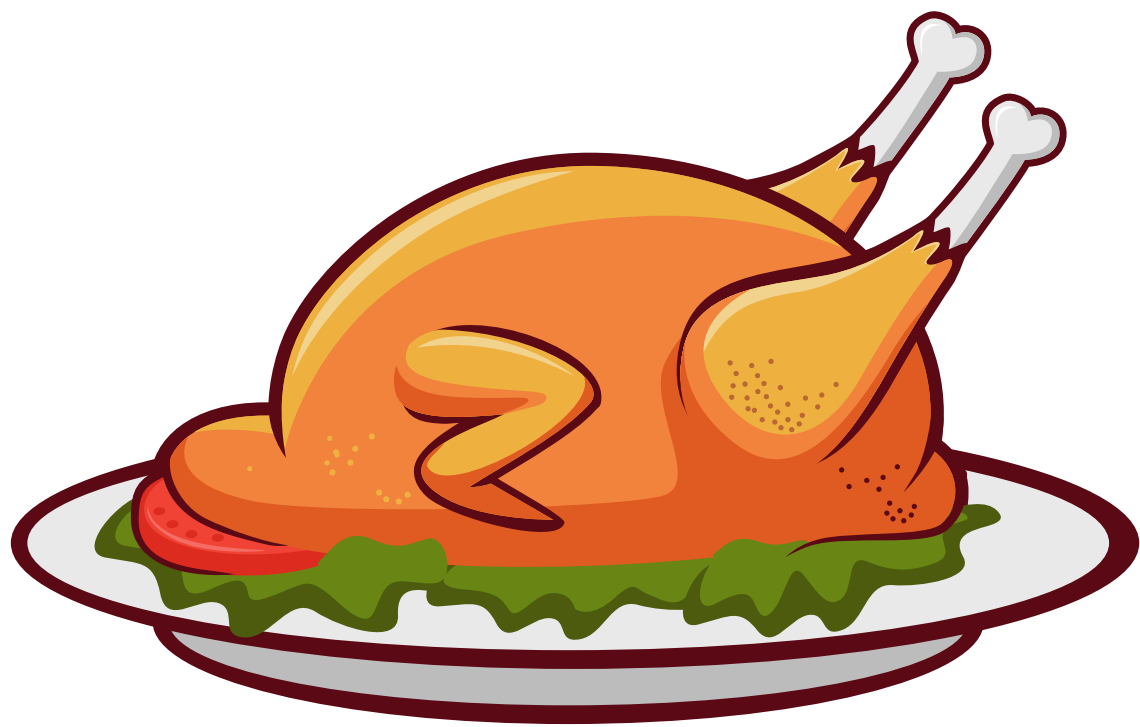
Protein



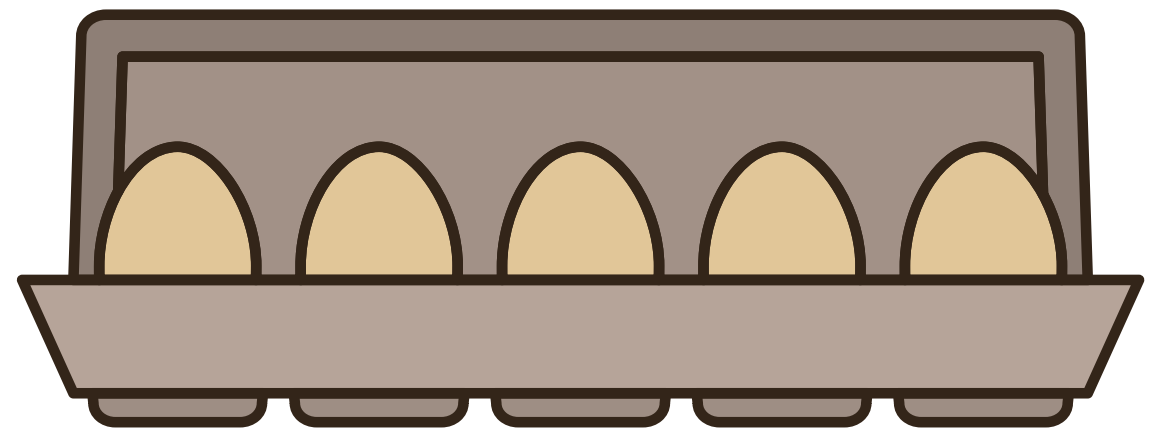
Fish



Beef (Steak)



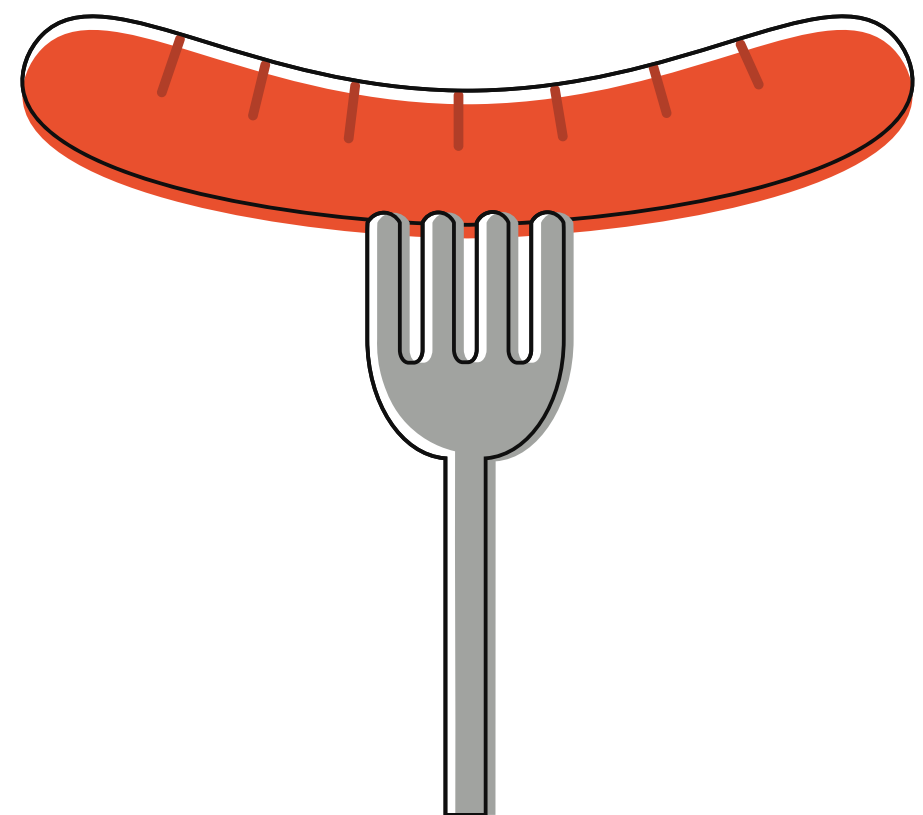
Chicken



Eggs



Pork (Bacon)



Sausage

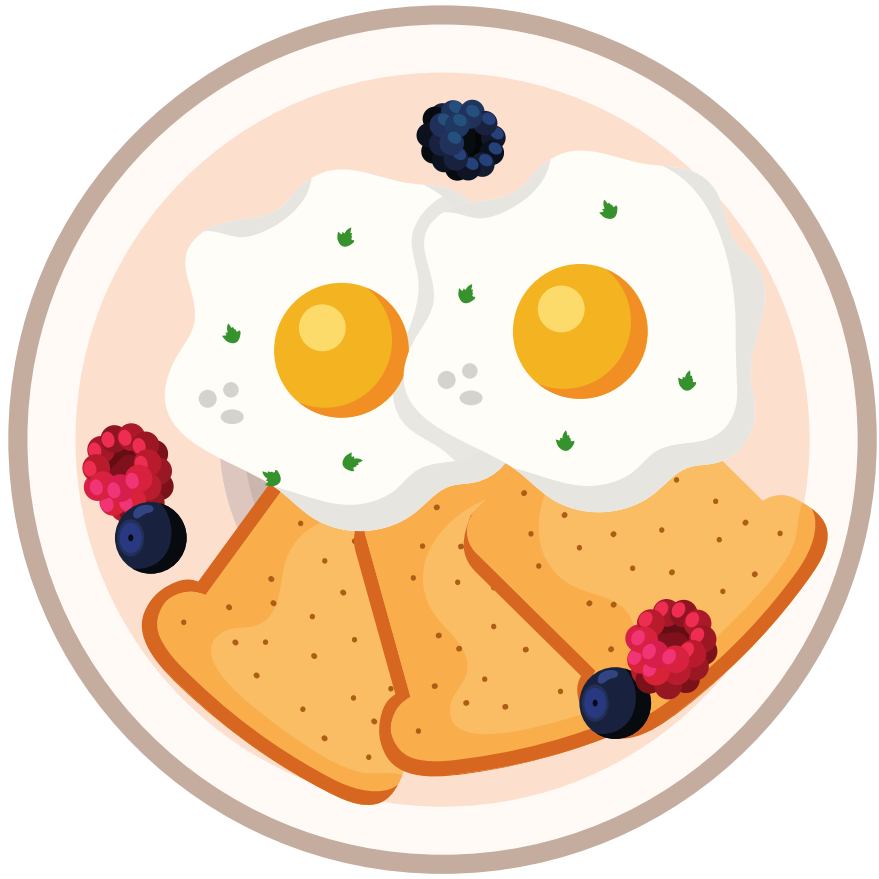


Nuts

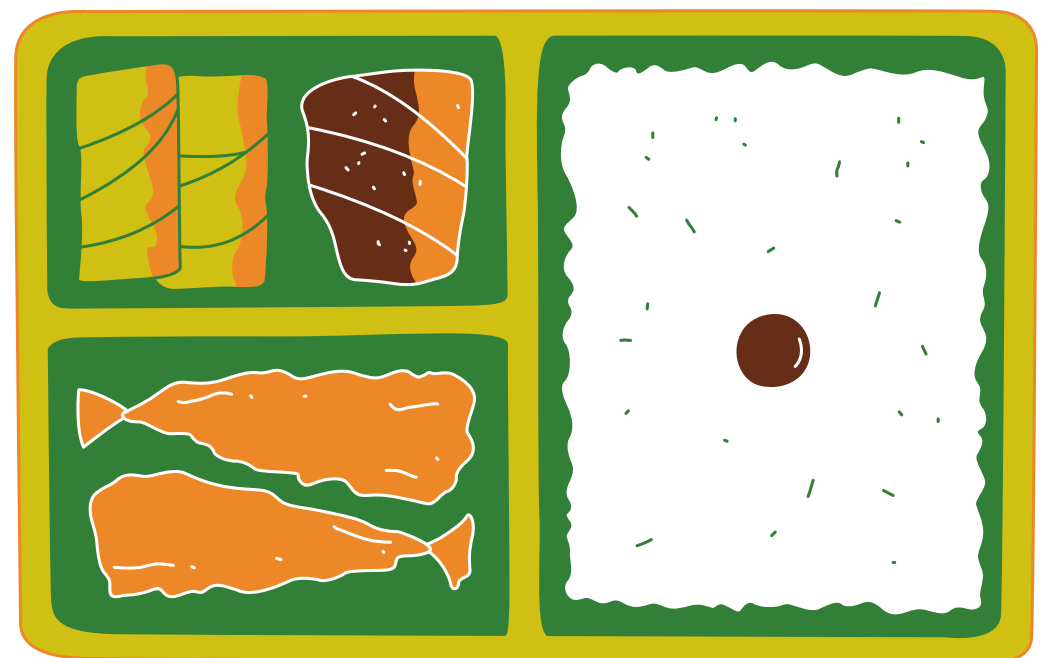


Beans

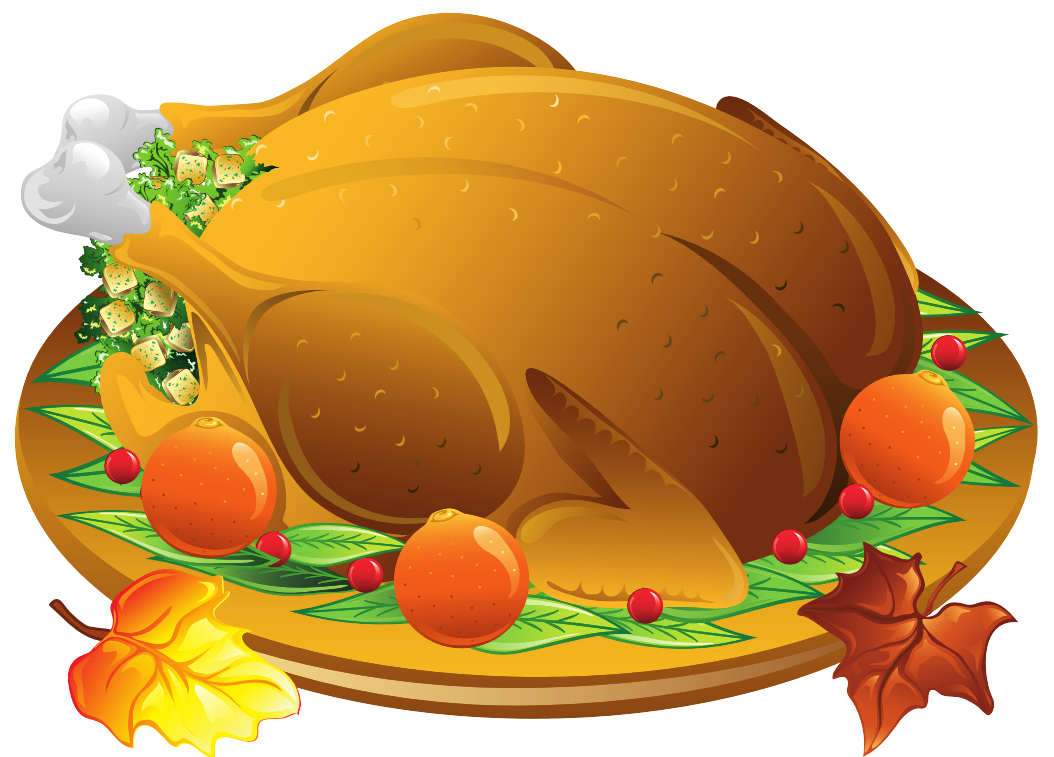
Meals Throughout the Day



Breakfast



Lunch



Dinner

EXERCISE



Answer these following questions with appropriate responses:

1.) Please list 5 different fruits:

2.) Bread is which type of food?

3.) Asparagus is a Protein (True or False)

4.) Please name two foods that are proteins:

5.) Lettuce is which type of food?

6.) Eggs and bacon are usually together for which meal of the day?

7.) Nuts are a grain (True or False)

8.) Name a food item, or items, that is/are eaten for dinner.

AUDIO EXERCISE:

Listen to the audio exercise and choose the correct answer.

1. Which is the correct food item being described?
 - a. Apple
 - b. Zucchini
 - c. Steak
 - d. Pear
2. The food items stated correspond to which meal?
 - a. Breakfast
 - b. Lunch
 - c. Dinner
 - d. Both a and c
3. Which is the correct food item being described?
 - a. Chicken
 - b. Banana
 - c. Fish
 - d. Broccoli
4. The food items stated correspond to which food type?
 - a. Dairy
 - b. Protein
 - c. Fruit
 - d. Grain